

**Supporting the successful integration of all migrants, refugees, BME  
community members and groups in Essex and Hertfordshire**

# Does 'EVERY' child really matter?

## Big Society with locked Doors!

The Sunrise Children Centre provider, East Potential in Loughton has left Migrant parents and children disappointed when the doors to the centre were locked on Saturday, 11<sup>th</sup> of June to prevent the group from having their weekly Saturday children club.

East Potential offered the building to be used from January 2011 as part of our partnership work .

East Potential has now claimed that the centre was "too expensive" to run and due to funding cuts the decision had to be made. ISS staff was informed of the closure just a day before the service was due thereby, giving us no time to inform the parents who normally use the Saturday Club session. Saturday Club is a service run by the contributions of many partners and volunteers to reach out to the most vulnerable children and families. ISS ensures that these vulnerable groups know and have access to local services such as the libraries, children centres, after school clubs and other local facilities as well as encouraging volunteering among the parents who use the services.

'Big Society' is about giving people a chance to contribute to the community. The Saturday Club in Loughton is a place where families are helped and supported so that they are able to sort out their own issues. Ignoring the importance of this service is in fact ignoring the needs of the most vulnerable families across Epping Forest.

During these challenging times it is more important than ever for organisations to come together and use the potentials of their resources for the benefit of the community.

**By Abi Shobowale**

**After School Learning Club****5 to 8yrs old****Starting September 2011****Improve your child maths reading and writing skills  
with our experienced and well qualified teachers****Help your children to reach their full potential towards  
a brighter future****2 hours weekly sessions for just £8***For more information or a booking form please contact our office on 01279 639442*

## SWITCHOVER IS COMING AND HELP IS AT HAND



TV is switching to digital all over the UK and soon the traditional TV signal will be switched off in your area. If you don't have digital TV by the time of switchover, you will lose your TV channels.

For older and disabled viewers who may find making the switch difficult, the BBC-run Switchover Help Scheme is at hand to provide everything you need to turn one TV set to digital.



Most people will be asked to pay £40 towards the standard option of help. This includes easy to use equipment to convert one set, an approved installer to supply and install the necessary

equipment, and a 12 month aftercare service including a free helpline

**The service is also free for people who are eligible and who also receive pension credit income support, income-based jobseeker's allowance or income-related employment and support allowance.**

We can help you convert your TV to digital if you are aged 75 or over, or have lived in a care home for six months or more, or get (or could get) Disability Living Allowance (DLA), or Attendance or Constant Attendance Allowance, or Mobility Supplement, or are registered blind or partially sighted.

For further information on the Switchover Help Scheme call 0800 40 85 900. Textphone users can call 0800 40 85 936.

### *Editorial note:*

*In the last few months ISS have been working closely with i-Trust to deliver presentations and one to one support to many people on understanding better the switchover process. Our trained volunteers will be able to give you all the support you need.*

**If you have any questions about issues raised in this newsletter, please contact us on telephone number:  
01279 639442**

## Views on settlement for non-EU workers needed

Migrants coming to work on temporary visas will no longer be able to apply for permanent settlement, under proposals announced in June.

The old system has meant that almost anyone who has been working in the UK for five years is eligible to apply to stay permanently.

Launching a public consultation on reforms to the work routes leading to settlement, the immigration minister also set out plans to re-classify visas as either 'temporary' or 'permanent' and introduce stricter criteria for those who want to stay.

### *Temporary not permanent*

Damian Green said that the proposals are aimed at 'breaking the link between temporary and permanent migration.' 'We want the brightest and best workers to come to the UK, make a strong contribution to our economy while they are here, and then return home.'

### *Key proposals*

The consultation also proposes: letting people earning over £150,000 or doing jobs that have a specific economic or social value to the UK stay in the country permanently creating a new category to allow most exceptionally talented skilled workers to apply to stay after a three year period in the UK allowing skilled workers who do not switch into a settlement route, to stay for a maximum of five years on the basis that they will then leave the UK. The closing date for the consultation is 9 September 2011.

Source: Home Office

## The Agency Workers Regulations 2010 come into effect on 1<sup>st</sup> October 2011.

- ◆ From day one, Agency Workers are entitled to equal canteen, child care facilities, and transport services as ordinary employees, as well as being entitled to know about job vacancies at the Hirer company.
- ◆ After 12 weeks, and an agency worker is entitled to the same basic working and employment conditions, including pay, as if he had been directly engaged by the hirer on day one of the assignment
- ◆ Agency workers do not receive Employment Status after 12 weeks

The Worker must be engaged by the same client for 12 continuous weeks carrying out the same role or one that is substantively similar.



## International Year of Volunteer's 10<sup>th</sup> Anniversary

2011 is an important year. Not only is it the European Year of Volunteering but also the 10th anniversary of the International Year of Volunteers.

To volunteer is to make a difference. It is to give your time and skills to the betterment of society as well as personal progression. Volunteering enables you to take active participation in the community and its development. Volunteers can make positive and lasting change.

Since its start in 2001, International Year of Volunteers has sought to recognize and promote the voluntary sector and has been seen a growing interest and involvement by companies and individuals in volunteering during the past decade. This anniversary is being marked across the globe, with volunteering organizations world-wide promoting the values of volunteering, recognizing the value of volunteering, building and reinforcing volunteering networks, and helping individuals to realize their potential to make a real difference by sharing their time, skills and experience for the benefit of others.

We at ISS recognize the significance of volunteering. Our volunteers are an integral part of all that we do; be it at the internet café, office or even the children's centre. There is something for everyone. We welcome all those who are willing to share their skills and a little time with us.

**Saba Shameel**

### Volunteers Needed

Do you have a passion to work with the community?  
Do you want to gain experience and new skills, do you want to share your knowledge and expertise with others?

We offer the following opportunities to run our services in Harlow, Epping Forest, and East Herts: Interpreters, translators, advocacy, IT support, play-workers, catering, admin and many other opportunities

**Please do give us a call on 01279 639442 for an informal chat. We would be very happy to explain the benefits of becoming a volunteer for ISS in more details .**

*Photo right shows volunteer Abi Shobowale our Public Relations specialist.*



## Introducing Volunteer Ewa Szarmacher

I was born in Wroclaw in Poland and came to England in 2005 with my husband. At first we lived in London where I was working as a waitress speaking very little English. We moved to Harlow in 2008. In Harlow I found another job as a waitress which helped me very much with my English skills, but I wanted to improve my career prospects for the future. As a mum with three children the best opportunity for me was to take an online course in book-keeping which I am currently enjoying.



I came to ISS as a client and attended the Saturday group with my children and have been given the excellent opportunity to work as a volunteer in the office giving me the practical experience I need to fulfil my dream.



## Anna Harmas New Trustee for ISS

I was born in Poland and came to UK in 2005. In 2008 my son was born.

I lived in London in various places and moved with my family to Harlow in 2010.

I started my adventure with Integration Support Services at the end of 2010, when I tried to find some new friends for my little one. In 2011 I started working as a volunteer. Quite quickly I noticed that ISS is not only an organisation, which allows people to integrate into their newfound community, it is also helping them to meet and spend time together nicely and to go through their lives happier, easier and with smiles on their faces.

I have recently become a Trustee for ISS and with my accounting background and experience was delighted to take the role of Treasurer for the organisation.

Personally, I am very grateful to ISS not only for all of my new friends, which I have met at the Saturday Family Club, but also for all the help with getting more experience enabling me to return to work.

**Anna Harmas**

## Religion or belief discrimination in Britain



A review of research evidence commissioned by the Equality and Human Rights Commission indicates there are different perceptions about the legal protections for religion or belief and about the level of discrimination towards different religions or beliefs.

Evidence in the report shows that people’s understanding of their rights around religion or belief is not always matched by recent changes to equality law. The Commission is concerned that this could be preventing people from using their rights.

People are protected from discrimination based on their religion or belief in many settings, such as when shopping, eating out or playing sport as well as at work. The law protects people who do not have a religious belief, such as atheists or humanists; as well as people who have a religious belief.

Religion or belief is specifically protected by the Equality Act 2010. People were protected from religious discrimination in the workplace from 2003 and in the provision of goods and services from 2006.

### Chair of the Equality and Human Rights Commission, Trevor Phillips said:

"Our business is defending the believer. The law we're here to implement recognises that a religious or belief identity is, for the majority of people in Britain, an essential element of being a fulfilled human being and plays an important part in our society.

"Religion or belief is as much part of our identity as other characteristics such as race, gender, or being a parent. People should not be penalised or treated in a discriminatory way because of it.

"My worry is there are people who may feel they're being treated unfairly because of their faith and who in fact may be being treated unfairly because of their faith but for some reason feel they can't get our support in getting justice.

"We've already undertaken a number of legal cases about religion or belief discrimination, but want to do more to build a body of case law in this area. We are in the process of meeting with faith and belief groups to get a better sense of what the issues are for their members.

For more information visit: [www.equalityhumanrights.com](http://www.equalityhumanrights.com)

## Why foreign students are crucial to the UK’s economic outlook

The recent publication of the Home Office’s own impact assessment reports on the reform of the student immigration system puts the estimated loss to the UK economy at £2.44 billion over the next four years. The amount lost in income from tuition fees is placed at "only" £170 million, but the remaining colossal financial impact will primarily hit the economy, minimizing much needed fiscal activity in the UK.

The report also casts doubt over the headline grabbing 'reduction in overseas student numbers', in fact, not only will there be a baseline steady increase in numbers but only a reduction of 230,000, an average cut of 57,500 a year, which heavily dampens the government’s rhetoric on reducing net migration into the UK to the “tens of thousands”. It further argues that the proposals will lead to an unquantified risk in the number of deterred ‘legitimate students’, which will inevitably lead to British universities mitigating the ‘net reduction’ in income from fees by charging home students higher tuition fees. The only offset to the £2.44 bn loss to the economy is a £1.1 bn savings, which is spun as a win, as a result of the supposed easing of pressures dealt to public services from the immigrant population.

*International students provide income opportunities beyond tuition fees: Universities UK (2009) estimates international student expenditure in 2007 to have generated a further £3.3bn of output across the UK economy and sustained over 27,800 jobs. The direct value of international students alone to the UK economy (including fees and off-campus spend) was calculated by the British Council in 2007 to amount to nearly £8.5 billion per year.*

**Source: Migrants Rights network**

### Sudoku puzzle can you fill in the missing numbers?

6			2	5				
	5	1		4		9		3
2		9						
8	1			2	5	3		
3		5				6		9
		7	1	3			8	5
		4				8		7
5		8		6		4	9	
				8	3			6

Answers on page 8

## UK Border Agency announced next set of changes to student visa rules

The aim of the revised Immigration Rules is to deliver a strong migration system which tackles immigration abuse, while allowing genuine students to study at genuine colleges. These are changes announced by Immigration Minister Damian Green in a written ministerial statement which will come into effect from 4 July:

- ◆ Restrict work entitlements to migrants studying at higher educational institutions (HEIs) and publicly funded further education colleges only;
- ◆ Restrict the sponsorship of dependants to those studying at postgraduate level at HEIs on courses lasting at least 12 months, and government-sponsored students on courses lasting at least 6 months;
- ◆ Require education providers to vouch that a new course represents genuine academic progression;
- ◆ Ensure that maintenance funds are genuinely available to the applicant, by introducing a declaration on the visa application form;
- ◆ Commit to publish a list of financial institutions that we consider, on the basis of experience, do not verify financial statements to our satisfaction in more than 50 per cent of a sample of cases;
- ◆ Introduce a streamlined application process for low-risk nationals applying to attend courses with Highly Trusted Sponsors;
- ◆ Extend the list of courses for which students must receive ATAS clearance;
- ◆ Restrict the ability to deliver accountancy courses accredited by the Association of Chartered Certified Accountants (ACCA) to those sponsors accorded platinum or gold status by ACCA; and
- ◆ Clarify the position of overseas universities with campuses in the UK.

There are also a small number of changes being made to bring into effect regarding a new provision for other family members of refugees and beneficiaries of humanitarian protection; a minor correction to the Tier 2 (Intra-Company Transfer) provisions and clarify a requirement of the Tier 1 (Exceptional Talent) and Tier 1 (Investor) Rules; and a small number of minor corrections and technical changes to the Rules relating to English language requirements for partners and spouses.

## THE NATIONAL HEALTH SERVICE

Many of our client who are new in the country do not understand how they can get help if they become ill. In this short article we would like to give you some basic understanding on how National Health Service works.

The National Health Service provides health care in the UK and is funded by taxation. Asylum seekers are entitled to access NHS care without charge while their claim or appeal

are being considered. You need an HC2 form, provided by the National Asylum Support Service (NASS), or available at pharmacies, to receive free medicines, dental treatment, eye tests and some glasses.

None of the people who work for the NHS, including doctors, nurses and interpreters, will pass on any information about you to any other person or organisation without your permission. All medical care is confidential and does not affect the judgement on your claim for asylum.

If you are ill or worried about your health or the health of anyone in your family, you should go to see you local doctor, called a General Practitioner (GP). The GP's clinic is called a Surgery or a Health Centre.

You should register with a GP as soon as possible so that you can get medical care if you need it. To register you will need to give your name, date of birth, address and telephone number.

### What if I do not speak English?

If you need an interpreter you must tell the receptionist when you make the appointment. Tell the staff which language you speak and they will book an interpreter for you or get an interpreter on the phone. It is important that you and the doctor understand each other so that he/she can make an accurate diagnosis of your problem.

If you have any questions, please don't hesitate to contact our office on 01279 639442

**Are you a retired teacher  
or someone who likes working  
with children?  
If so this advert is for you!**

We are looking for volunteers to help us with our new project After School Club. If you want to know more please contact our office on 01279 639442.



# Culture Corner

## 22 August 2011- Janmashtimi

The birthday of Lord Krishna, is celebrated on this day. It is a joyous occasion. Lord Krishna epitomizes the victory of good over evil and hence this festival is celebrated with a lot of pomp and zeal. Temples and homes are decorated, hymns are sung accompanied with drama and dance. Traditional sweets are prepared in keeping with the spirit of the occasion.

## 24 August 2011 – Raksha Bandhan

Widely celebrated in India this is a festival celebrating the bond between brothers and sisters. It symbolizes the protection a brother provides for his sister. Girls tie a band to their brother who in turn promise to protect their sisters and offer security to them. They also give gifts to their sisters.

## 30 August 2011 – Eid-ul-Fitr.

One of the most significant festivals for Muslim, Eid-ul-Fitr marks the culmination of the holy month of fasting (Ramadan). It is the celebration thanking God for the strength to fast and observe self-control. It is a time for forgiveness and making amends. People are dressed in their finest clothes and offer prayers in a congregation. Special meals and sweets are prepared on this occasion. It is also obligatory to set aside certain amount of money for charity to help less fortunate people.

## 29 September 2011 Rosh Hashanan

This is the Jewish New Year, the most important of all days in the Jewish calendar. It lasts for two days. Rosh Hashana is regarded as a judgement day when a person's good and bad deeds are weighed, and God decides what's in store for them in the coming year. Most of the day is spent at the synagogue. The ritual of blowing the 'Shohar' (ram's horn) is an important feature. It is also the beginning of the ten Days of Repentance when the people ask for forgiveness of any wrong doings in the past year. Symbolic meals are eaten after a service including apple dipped in honey, pomegranates, carrot stew and 'Hallah' a round bread representing the circle of life.

**Sources: from bbc/schools**

## Some changes in benefits system:

The [Sure Start Maternity Grant](#). From April 2011, an award cannot be made where there is another child under 16 in the family at the date of claim.

[Lone parents](#) whose youngest child reaches 5 will not be able to claim Income Support as a lone parent from October 2011.

[Maternity and paternity leave](#) and pay extension Fathers are entitled to 2 weeks paid paternity leave from work. Women who qualify can take up to 52 weeks maternity leave from work, of which 39 weeks are paid through Statutory Maternity Pay (employers can choose to pay more if they wish). Maternity Pay is an alternative for women who have recently worked.

Parents are also entitled to up to 13 weeks unpaid parental leave until the child's 5th birthday. Changes allow the mother to transfer to the father or partner up to 26 weeks of her 52 weeks maternity leave, if she returns to work. It is called "[Additional Statutory Paternity Pay](#)". The child must be born on or after 3 April 2011

**If you have any questions about this please do ring our office on 01279 639442**



## ARE YOU FROM EASTERN EUROPE AND PLANNING TO START A NEW LIFE IN THE UK? OR DO YOU KNOW SOME- ONE WHO IS?

BBC Three are looking to speak to Eastern Europeans (18-30 years old) who have decided to leave their home country for a fresh start in the UK.

We want to get in contact with immigrants/ migrant workers NOT YET in the UK but due to arrive here in June/July 2011 and who wouldn't mind being filmed as they experience their first few weeks in a foreign country.

You will also get the opportunity to go on an all expenses paid day trip to an exciting part of the UK.

If you are interested in finding out more about the programme then please get in touch. An English speaker is essential.

Email: [tom.reeves@bbc.co.uk](mailto:tom.reeves@bbc.co.uk)

Phone: 00 44 161 244 3905

**If you have any questions about  
issues raised in this newsletter,  
please contact us on telephone  
number:  
01279 639442**

## Blood Deception by Wellington Kapswara

*Wellington's poem is interlinked to a different perspective depending on the angle you are looking at it. So it's subject to the interpretation of the reader. The main theme here is deception by those you trust and backstabbing in war torn regions.*

Where are you my brother?  
Do you not know that the revolution has begun?  
I am calling your name,  
But you will not answer me.  
Can you not hear the echo of my fading voice, As I die slowly in the midst of the forest?  
I am reminiscing,  
That day under the Baobab tree,  
We made a pact;  
We would be blood brothers.  
Until death makes its inevitable judgement.  
We would fight for each other,  
Like a lioness protecting its cubs.  
I can see the beauty of the earth start to fade, The river is covered with my blood, I am getting weaker and weaker, And the tidal waves are much stronger.  
The enemy is right behind  
He will not stop till I am ready for the vultures;  
He has wounded me with a poisoned arrow And it's eating me slowly.  
I turn around to see his face,  
I see only a shadow in the darkness.  
Is that a spear in his hand?  
Like a warrior I stand up straight,  
I take my last breath,  
And look at the devil's eyes,  
I see a smile on his face.  
Wait a minute!  
It is a familiar face!  
My brother!  
Why?..... Why?..... Why?



## How to register as self employed

Recently we have notice a increase number of enquiries regarding self employment, so we decided it may be helpful to give you some basic advice on this topic.

The simplest way to start a business is to set up as a sole trader. There is minimal paperwork to take care of, and you don't have to pay any formation costs. However, you do need to formally register as self employed with HMRC, and assume responsibility to pay your own income tax and National Insurance liabilities.

Here are the steps you must take to get started as self employed person:

**Pick a business name.** Some people simply trade under their own name, or say they are Your Name trading as Business Name.

**Tell HMRC that you are becoming self employed**  
You must notify HMRC within 3 months of becoming self-employed. You can do this via any of the following ways: Register online via HMRC's online form, call the newly Self Employed Helpline on 0845 915 4515 and if you want to register via post, fill in Form CWF1 .

**Don't forget though, or you will be fined £100.**  
Once you become self-employed you will pay tax each year by filling out a tax return and self-assessing how much you owe. A smart move is to keep tax money aside in a separate account from day one – then you will never find yourself scrabbling to meet a payment. Your accountant will advise how much you can expect to pay.  
You will also be responsible for paying your own Class 2 National Insurance contributions, currently £2.50 a week (201/12 tax year). You will pay extra Class 4 contributions on profits you make over £7,225 (2011/12 tax year). Again, consult your accountant for advice specific to you.

Useful links:  
<http://www.hmrc.gov.uk/selfemployed/>  
<http://www.businesslink.gov.uk/>



# FREE ENGLISH CLASSES

**When: Every Tuesday 9:30-11.30**

**Where:**  
Limes Farm Junior School Limes Avenue,  
Chigwell IG7 5LP

**Free Childcare Provided**

Contact Integration Support Services for more details  
and to book your place  
**01279 639442 or phone Joanna 07775955982**  
[Joanna@iss.org.uk](mailto:Joanna@iss.org.uk)



Above shows our current ESOL students

## Can you be a Trustee for ISS?

### Rewarding Voluntary Position - Expenses paid

As part of our expansion we are looking to appoint new trustees to our board who will bring us their skills in one or more of the following areas: public relations, marketing, fundraising, advocacy.

You would attend at least one Management Committee Meetings per month lasting around two hours, one AGM, and one Away Day.

For further information, or to apply please email: [info@iss.org.uk](mailto:info@iss.org.uk).  
Alternatively you can find out more about us on [www.iss.org.uk](http://www.iss.org.uk)

Answer to  
Sudoku on  
page 4

6	9	5	1	3	8	4	2	7	9
2	5	3	8	7	6	1	4	9	2
7	1	6	4	5	9	2	8	3	7
5	4	9	7	1	3	6	2	8	5
3	2	5	8	7	4	6	1	9	3
4	8	1	6	9	2	5	3	7	4
8	2	4	9	3	1	7	5	6	8
3	7	5	1	6	4	8	9	2	3
9	8	3	2	5	9	7	4	1	6

## The Home Library Service

People from BME communities are using libraries. But we hope no-body has to stop using the library if they can't get to it as new members are always welcome for the Home Library Service. The Home Library Service visits those people who can't get to their local Library because of age, disability or caring responsibilities. Books and DVDs come from the library straight to your home for you to enjoy. Libraries in Harlow and Epping Forest run a Home Library Service with the help of the local community. These volunteers make pre-arranged calls at the home of library members who can't reach a library building or a mobile library.

Friends, relatives or neighbours can also arrange to collect library items. A Friends and Family library ticket can easily be set up.

Additional volunteers are always welcome. Contact your local library to find out more.

To arrange to start using the Home Library Service, customers can contact their local library, or the libraries enquiry line 0845 603 7628, Textphone 08457 585 592, or email [answers.direct@essex.gov.uk](mailto:answers.direct@essex.gov.uk).



## Raising awareness



During Refugee Week lots of events took place across the UK, all of which explored refugee experiences. We at ISS prepared an awareness display on the topic of "refugee experiences", in partnership with the Tree House Children Centre in Harlow.

The United Nations High Commissioner for Refugees (UNHCR) defines a "refugee" as a person who has fled his/her country of nationality (or habitual residence) and who is unable or unwilling to return to that country because of a "well-founded" fear of persecution based on **race, religion, nationality, political opinion or membership in a particular social group**. This definition of a "refugee" excludes those who have left their homes only to seek a more prosperous life.

Behind all the statements and statistics about refugees, asylum seekers, the internally displaced and the stateless are real people with harrowing tales of suffering and loss, as well as hope and ambition, we believe that it is very important to get the message out. **If you are asylum seeker or a refugee and would like to share your story with us, please contact our office on 01279 639442.** The best way to understand the suffering of others is to hear their stories of hardship, courage, struggle and perseverance.



Our display at The Treehouse for Refugee week

Supporting the successful integration of all migrants, refugees, BME community members and groups in Essex & Hertfordshire

integration support services

**FREE INTERNET** **FOOD & DRINKS**

Come and meet new friends at the **internet community café**

We offer free: Help using computers Support with CV writing Advice on improving your qualifications Advice on employers & landlords disputes

LOTTERY FUNDED Support with CV writing LOTTERY FUNDED

**Join us every Saturday 11am to 2 pm**

Telephone: 639442 Email: [info@iss.org.uk](mailto:info@iss.org.uk)

**How to find us:**  
**2 Wych Elm, Harlow CM 20 1QP**  
**Next to the NHS Walk in Centre**  
 Integration Support Services  
 Registered Charity NO. 1120609  
 Limited by Guarantee No: 6308073  
 website: <http://www.iss.org.uk>

# Children's Art Competition the results

The 3 categories were under 3 years of age, between 5 and 7 years and over 7 years. Well done everyone you did a wonderful job and it was hard to choose winners but here they are:



**Under 3 years—Julia**



**Under 7 years—Olek**



**Over 7 years—Diane**

## Summer Activities with ISS

We have many thrilling activities lined up for you and your family  
Come along and have a great time!



### Harlow Events

(All pick ups will be from The Treehouse at Staple Tye)

**2nd July**—Multicultural Day event  
Prepare traditional food from your own country and share your culture with others.  
At The Treehouse Centre, Staple Tye  
Starts at 11 am

**30th July**—Trip to Gulliver's Land, Milton Keynes (Adventure and Amusement Park) 9 am to 5 pm

**13th August**—Trip to Clacton-on-Sea. Enjoy fun at the seaside. 9 am to 5 pm.

**27th August**—Educational trip to Knebworth House. Pack a picnic and discover the history of this beautiful house, adventure playground, dinosaur trail and miniature railway. 10am to 4 pm

### Epping Forest Events

(All pick ups will be from Sunrise Children's Centre)

**9th July**—Multicultural Day event  
Prepare traditional food from your own country and share your culture with others. At Sunrise Children's Centre  
Starts at 10.30 am

**30th July**—Together with Harlow Saturday club—trip to Gulliver's Land as above.  
Pick up will be 9.45 am and return at 5 pm

**13th August**—Saturday activities for families at Sunrise Children's Centre

**27th August**—Together with Harlow Saturday club Educational trip to Knebworth House. Pack a picnic and discover the history of this beautiful house, adventure playground, dinosaur trail and miniature railway 10.30 am to 4 pm.

**For bookings/further information please speak to a staff member On 01279 639442**



## An interesting summer and much to look forward to...

As every year ISS prepares some attractions for clients and children also this Easter we organised trips to Wildlife Paradise Park and Harlow Museum. It was really interesting to spend some time surrounded by wild animals like lions, tigers, etc with a possibility to feed few of them. Also museum trip was interesting and art craft activities let children prepare for upcoming Easter. We had a really exciting time.



Father's Day event in Epping Forest



Harlow Museum: Many activities indoors and out



Above: Paradise Park

Story-telling and Book reading is a new venture for ISS and one we are very excited about.

Here we see ISS worker Marlene Brooks on a session with some of the children at The Treehouse which the children enjoy very much.



Marlene has been telling stories and book reading to children for more than 30 years and we would now like to offer this service to children across West Essex.

As well as reading, Marlene loves to interact with the children and allow them to use their own imagination through the stories bringing them tales of adventures and life stories from many countries and cultures.

If you feel this is something that may interest your group/school please do call us on 01279 639442 for a booking or more information.

**New!**  
**Story-telling sessions**  
**A new venture for ISS**



## SCHEDULE JULY to SEPTEMBER 2011

ACTIVITY	VENUE	Day/Time
Outreach/Support Consultation and advice <b>(Harlow and Epping Forest area)</b>	Across Harlow and Epping Forest area (suitable venue can be arranged prior to the appointment)	Monday to Saturday By appointment, please ring our office or direct to Joanna 07775 955982
Saturday activities for families with Children <b>(Harlow)</b>  ( For summer events please see page 10)	The Tree House Children's Centre Staple Tye Harlow CM18 7NG	Saturdays 10.30 am—2.30 am
Saturday activities for families with Children <b>(Epping Forest)</b>  ( For summer events please see page 10)	Sunrise Children's Centre Loughton IG10 3HE	2nd Saturday of the month (until further notice)
Internet Community Café <b>(Harlow)</b>	2 Wych Elm (follow the sign for Quigy's café) CM20 1QP	11 am—2 pm
Drop in sessions <b>(Harlow)</b>	Harlow Office 2 Wych Elm Harlow CM20 1QT	Thursdays 10 am—2 pm
ESOL Classes <b>(Epping Forest)</b> For beginners to learn and improve English Crechè is also available prior to booking	Limes Farm Junior School Limes Avenue Chigwell IG7 5LP	Please contact our office for more details (and see page 8)
After School Club <b>(Harlow)</b>	To be confirmed	To be confirmed
Story Telling/Book reading	As per booking	Mondays to Fridays 10 am—5 pm by appointment

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 Pitney Bowes